



FREE Support for Families

Tulane Infant & Early Childhood Consultation Supports and Services (TIKES) is a partnership between the Louisiana Department of Education, Tulane University, and local non-profits throughout the State to provide FREE mental health consultation to child care providers across Louisiana.



Early Childhood Mental Health Consultation (ECMHC) is an intervention that teams a mental health professional with early childhood professionals to improve the social, emotional, and behavioral health of young children in early learning settings.

TIKES mental health consultants are licensed mental health professionals who have been trained in infant & early childhood mental health.

TELE-HEALTH SERVICES

The TIKES Tele-MHC line is available to anyone caring for young children. They would receive basic support and referrals to community agencies where they can receive more in-depth support and/or treatment.

To make an appointment for a teleMHC session go to:
<https://tinyurl.com/TulaneTIKES>

PARENT OUTREACH

TIKES consultants are available to collaborate with community agencies to provide professional seminars for families on topics related to the social and emotional health of young children. Topics could include:

- Sleep Hygiene
- Conscious Discipline
- Maintaining a Home Schedule
- & More!

To coordinate a workshop with a consultant contact <insert contact information>

